

1

SESSION 1

Anatomy & Physiology of the Larynx

Need to Know

To be able to hold a tune

Vocal Technique

Build your own larynx

Exploded

Kinaesthetic understanding

Bernoulli Effect

Vocal folds in action (video on the vocal components & constriction and release)

False vocal fold retraction

Warm-Up Routine

Breathing in thirds

Bubbles one octave scales

Siren two octave scales

Macaroni ravioli

Understanding Music

Following instructions for repeat marks and codas in vocal scores

Song Development

Only You Lord

Lean on Me