

## SESSION 2

### Fundamental basics for vocal support and phonation

#### Need to Know

To be able to hold a tune

#### Vocal technique

Posture

Anchoring

The diaphragm (Breathing, support & subglottal pressure) sh sh sh, in for 3, out for 6, etc.

On-sets

Vocal range

#### Warm up routine

Octave scale to Zzz

Staccato major then minor triad

Speech/cry

#### Understanding music

basic notation in bass and treble clef

Intervals of the Major Scale and the C major scale

major and minor triads

#### Song development

What Can I Do

Call My Name

Yellow